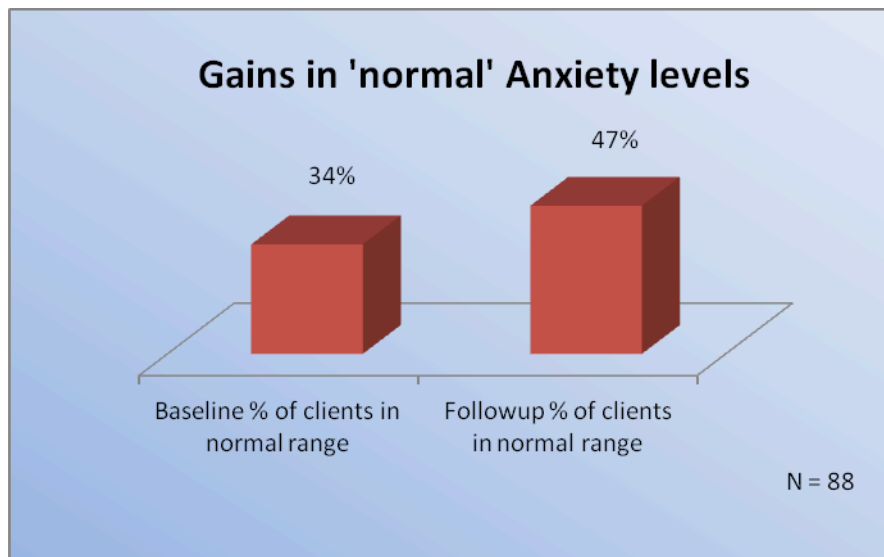


Elder Community Care significantly reduces Anxiety in older adults

Beck Anxiety Inventory (BAI) Results

Anxiety

Baseline % of clients in normal range	Followup % of clients in normal range	% Gain
34%	47%	38%



Key Results:

The percentage of older adults measuring in the minimal (*normal*) anxiety range at the beginning of service was 34%. At follow-up, the percentage of older adults in this category increased to 47%, **a 38% improvement.**

Beck Anxiety Inventory (BAI) 21-item inventory which measures severe anxiety in adults and adolescents

Collected by evaluation staff at intake and six months, the Beck Anxiety Inventory (BAI) is a 21-item self-report inventory that measures the severity of anxiety in adults and adolescents (Beck, Epstein, Brown, & Steer, 1988). The items reflect how much an individual has been bothered by each of the 21 symptoms during the past seven days. Responses range from “not at all” to “severely—it bothered me a lot”. Individual scores are grouped into one of four categories: Minimal, Mild, Moderate, and Severe.